

## The Colour Challenge

Say the Color of each Word!

(Don't read the word)

How Fast can you say it?

black white yellow green red blue  
yellow red black green white red  
white green red black yellow green  
black white yellow green red blue  
white green red black yellow green  
yellow red black green white red  
white green red black yellow green

Record how long it takes you to complete the colour challenge in the table below.

With practice you can train your brain to work faster, just like we do in Fast Maths.

You may like to have a few practices between each attempt you record in the table below.

Good Luck!

1 <sup>st</sup> Attempt	2 <sup>nd</sup> Attempt	3 <sup>rd</sup> Attempt	4 <sup>th</sup> Attempt	5 <sup>th</sup> Attempt