

Rebus Puzzles: Brain Training

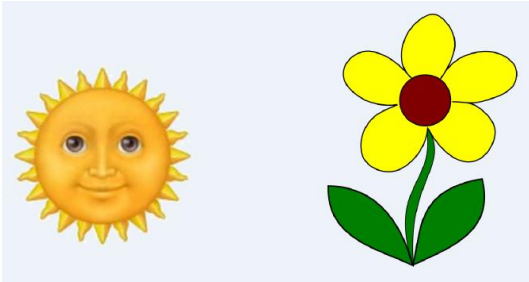


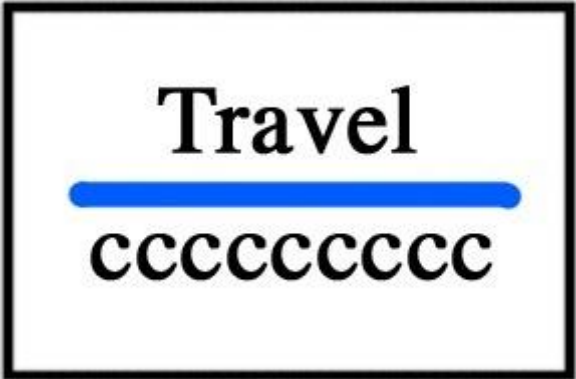
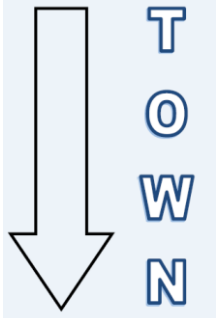

Rebus puzzles are good exercise for your brain. Rebus puzzles combine pictures, letters and words to represent another word or phrase.

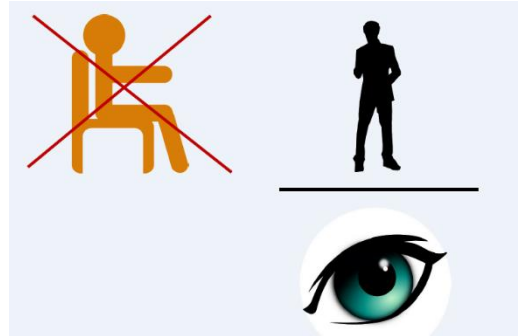


For example this Rebus puzzle shows a cow and a boy to make the word: cowboy

Completing puzzles like this is a bit like taking your brain to the gym for a good work out. The more we complete puzzles like this the more we can develop our brains ability to solve problems and increase its capacity to remember and recall knowledge. All this has a positive effect on our brain and ultimately improves its ability to help us learn new things and recall knowledge and skills we have already learnt.

Your Task: Have a go at trying to solve these problems and then have a go at creating some of your own Rebus puzzles for members of your family to solve.



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Answers:

Sunflower	Top Secret
Panda	Travel over the seven seas
Downtown	A present for you
Apple Pie	First Aid
Thunderstorm	I understand
Third time lucky	Once in a blue moon
Sitting on top of the world	Necklace
Hurry up	Tricycle

Now make some of your own Rebus puzzles for members of your family to solve:
